



PATIENT INFORMATION

John D. Jeppson, M.D.
Michael V. Keiley, M.D.
G. William Palmer, M.D.
Heidi Peters, FNP
Jennifer Neumayer NP-C

FOR ALL APPOINTMENTS CALL:

378-0080

BVAAC.COM

WELCOME

Welcome to Boise Valley Asthma and Allergy Clinic (BVAAC). We are pleased that you have chosen us for your allergy and asthma care. BVAAC has provided the very highest quality of allergy and asthma care in a compassionate and caring environment for over 30 years.

This pamphlet includes important information about our practice. Please feel free call us anytime with any questions and/or concerns at **(378-0080)**.

OFFICE HOURS

Boise, 901 N. Curtis Road, Suite 100

Monday through Friday:

9:00 a.m. – 12:00 p.m.

1:30 p.m. – 5:30 p.m.

Meridian, 2320 Gala, Suite 500

Monday, Wednesday, and Friday:

9:00 a.m. – 12:00 p.m.

1:30 p.m. – 5:30 p.m.

Tuesday and Thursday: 12:30 – 6:30

Eagle, 323 E. Riverside Drive, Suite 204

Tuesday: 12:30 p.m. – 6:00 p.m.

Nampa, 16068 Idaho Center Blvd.

Wednesday: 9:00 a.m. – 12:00 p.m.

1:30 p.m. – 5:30 p.m.

Caldwell, 1721 S. 10th Ave.

Second Thursday of every month

Please make certain of the location of your appointment!

APPOINTMENTS

Patients are seen by appointment only. We will make every effort to see you promptly. Unfortunately, emergencies do occur and some delays are unavoidable. If a delay is in store for you, every effort will be made to notify you and let you know how long you may have to wait. Should you become ill, we will work you into our schedule and see you as rapidly as possible.

If you have an emergency during working hours, please call this office. During nonworking hours, we can be reached through our exchange by calling **489-6235**.

PHYSICIAN AVAILABILITY/PHONE CALLS

We strive to be readily available by phone. Feel free to call at anytime (378-0800). Phone calls during office hours are usually returned the same day. Outside of regular office hours, we may be reached at **489-6235**.

ALLERGY SHOTS

Allergy shots are the only proven way to lessen allergic nasal and lung disease (asthma) long term. This amazing benefit persists for years after the allergy shots

have been stopped. Allergy shots also prevent new-onset asthma and new allergies as well reduce the cost of medical care.

Unfortunately all of these benefits come with some risks. There is a small chance that you may have an allergic reaction to your allergy shots. In order to lessen this risk, it is very important that you always receive your allergy shots under the supervision of a clinician in a medical office where you can be treated for a rare allergic reaction if needed. **For your safety, you should plan on waiting 30 minutes after an allergy shot before leaving the office!** We ask that you receive your allergy shot(s) at least **20 minutes** prior to the closing times listed in case of a reaction to your allergy shot.

WHAT IS AN ALLERGIST

If you look in the Yellow Pages under “Allergy,” you might be confused about what an allergist really is. At Boise Valley Asthma & Allergy Clinic, all we practice is asthma and allergy and our three physicians are all certified by the American Board of Allergy and Immunology (ABAI), which is no small task.

An allergist/immunologist is a physician specially trained to manage and treat

allergies and asthma. An allergist certified by the ABAI graduates with an M.D., undergoes a full three year residency in internal medicine or pediatrics, goes through an additional 2-3 year fellowship in adult and pediatric allergy and immunology, and then passes a comprehensive American Board of Allergy and Immunology examination.

Since learning is a life-long process, all of the allergists at BVAAC maintain board certification in allergy and immunology with a comprehensive ABAI-sponsored on-going program called Maintenance of Certification with a final exam and recertification every 10 years. Therefore, you can rest assured that your allergist brings the very latest knowledge and skills to you as a patient.

Because of this extensive training and experience in allergic illnesses, an allergist certified by the American Board of Allergy and Immunology is very well qualified to manage the entire spectrum of allergic, asthmatic and immunologic conditions in all age groups. Studies show that those patients taken care of by an allergist/immunologist certified by the ABAI also have fewer emergency room visits and have better-controlled allergies and/or asthma.

MEDICAL CONDITIONS TREATED BY AN ALLERGIST

Here is a partial list of the medical conditions that we treat in **children and adults**.

- Allergic rhinitis (hay fever)
- Asthma (both allergic and non-allergic)
- Anaphylaxis (a severe allergic reaction)
- Sinusitis
- Chronic cough
- Non-allergic rhinitis (nasal symptoms not caused by allergy)
- Hives/swelling
- Food allergy
- Atopic dermatitis/eczema
- Bee sting allergy
- Immunodeficiencies (problems with your immune system causing severe infection)
- Drug/medication allergies
- Allergic contact dermatitis
- Eosinophilic esophagitis