

TABLE XI Common food co-allergies in children with FPIES

FPIES to	Clinical cross-reactivity/co-allergy	Observed Occurrence*
Cow's milk	Soy	<30-40%
	Any solid food	<16%
Soy	Cow's Milk	<30-40%
	Any solid food	<16%
Solid food (any)	Another solid food	<44%
	Cow's milk or soy	<25%
Legumes*	Soy	<80%
Grains: rice, oats, etc*	Other grains (including rice)	about 50%
Poultry*	Other poultry	<40%

*Note: where a child already tolerates a food type in a particular group (e.g. beans), clinical reactions to other members of the same group (e.g. other legumes) are unlikely. Caution is warranted in interpreting these data as they were derived from single centers and from patient populations skewed towards the more severe phenotype of FPIES and may overestimate the actual risk of co-allergy.